



The Ageless Sport



Lawn bowling has been around a very long time and its importance emphasized by British Kings who declared the game's pleasure should only be enjoyed by royalty and the upper classes. The sport is ageless; a big group of men and women enjoying themselves on the green will admit to "pushing 80" or proudly say "90+". They still play at a good level; how many baseball players could do the same?

Lawn bowling has health benefits too. It keeps you fit mentally as well as physically. You rarely see over-

weight players. You avoid the isolation some seniors experience as bowlers are a friendly, gregarious lot. Fresh air and sunshine keep a smile on your face. Sometimes we play in the rain. But when thunder and lightning threaten we may run for cover!

The game is based on strategy and skill. According to my husband, "men have as good a chance to win as women." Lawn bowling looks easy and sedate; it is neither." Planning and concentration are necessary when you step on the mat to deliver your bowl and it is exciting when you see it do exactly what you intended. At the highest level of play, competition can be fierce but regular games are relaxed. Either way is a lot of fun.

You are a winner at whatever level you play.

Our club is fortunate to have gardens on three sides that feature a beautiful display of rose bushes. Tourists often stop to admire them, take pictures and watch us play. We are one of the few clubs to wear whites on a regular basis. The combination of whites on the green against a background of roses is a great picture. We do our best to answer questions from locals and tourists in the hope of encouraging more people to give the sport a try. As you can tell from our guest book, bowlers from other countries come at times to play with us. When you travel you will always find yourself welcome at the local club.

Memo to all: Remember to promote our club!

Ruth Suter

A message from the President:

Fellow members,

We've said good-bye to our 2017 summer season and are now preparing for 2018. I'd like to thank each and every one of you who have volunteered for the club this year. We have a great, diverse membership. Because of this, I believe there is something everyone can do to contribute to the club and enjoy doing it. Think about what you enjoy doing and then volunteer to do it at the club! As you read this newsletter, you'll see we have some important tasks for which we are looking for volunteers. Remember, no one person has to do a task alone. Get together with fellow members. It's always more fun to share a task.

Wishing everyone a healthy fall and winter. Hope to see you at the club for the winter activities. Also, if you have suggestions or ideas for the club, please share!

Lynda

Winter Activities at the Club

During fall and winter, members can drop-in for social activities at 1:00 pm on the following days.

Sunday: Darts
Monday: Cribbage
Wednesday: Cards

COME AND GIVE IT A TRY. NO EXPERIENCE NECESSARY!

Inside this issue:

IN MEMORIAM: WINNIE LUSK	2
VOLUNTEERS NEEDED	2
OUR LONGEST PLAYING CLUB MEMBER	3
CALENDAR UPGRADE	3
CPLBC BOARD MEMBERS	3
CONGRATULATIONS	4
CHRISTMAS PARTY	4
SANCTUARY YOUTH CENTRE	4



Jo Ann and Mel beside the new club draw board.



Jo Ann holds the cup bearing the name of Winifred Lusk, winner of women's pairs in 1996.



Winifred Lusk on the right with Louella Quinn on the left. (undated)

In Memoriam

(Winifred) Winnie Lusk, mother of Jo Ann and mother-in-law of Mel Wright, was an avid bowler and supporter of the club for twenty years (1985-2005) until a severe bout of shingles ended her days on the green. Winnie passed away April 18, 2016 just a few months short of her 100th birthday. As Jo Ann wasn't well enough to attend the funeral, she and Mel will travel to the Kootenays in August to visit the family plot in Boswell where Winnie was laid to rest.

Pat Levie has a special memory of Winnie as she served as her mentor many times in Pat's first two years of bowling at CPLBC. She still has the recipe for the delicious little pancakes Winnie made for club functions. In Pat's recipe box they are dubbed "Winnie Lusk Pancakes". Ray Turner, who took up bowling in 1994, remembers Winnie as a very good bowler who served on the executive, was a strong personality, and worked hard for the club. As a gardener, Winnie was unhappy when Kees took over responsibility for the flower beds – a case of two strong wills wanting to do it their

way. Jo Ann and Kees Midelkoop have had a laugh together about that. Although Jo Ann wasn't able to bowl, she helped her mother in the kitchen and enjoyed watching her play on the green.

Winnie moved to Victoria after her husband's death in 1982. It was fitting that she chose to bowl at the CPLBC club as he had worked as a linesman for the Canadian Pacific Railway until his retirement and Winnie received a CPR pension.

As Winnie's sons could not be persuaded to lawn bowl, she switched her attention to her sportsman son-in-law Mel. Before she died Mel had promised to use her bowls and give lawn bowls a try although he thought, privately, that "it was a sport for old people." But Mel was a natural and it wasn't long before he was hooked and felt fun and respect defined the game. In his first club rotating triples competition he was on the winning team! In her last years, when Winnie was in a care home, she enjoyed Mel's visits when they talked "bowling" together. Her eyes would light up as she followed his progress. In a tour-

nament at the Victoria club in Beacon Hill Park, he made it through to the second day of mixed triples. The team was knocked out but it was a good experience and he has many years of play ahead.

Mel has followed in Winnie's footsteps in his dedicated support of the club. He stepped in to help Dick Barnes whose health made it difficult to handle the refreshment counter and then took on full responsibility. In addition to that huge commitment he has always been willing to lend a helping hand when needed on other projects. He also promotes the sport by engaging with the many tourists who stop to take photos and admire the beauty of the club grounds.

Mel has been retired for 10 years now but he moved from Calgary to Victoria in 1948 because his mother was ill with shingles. So two mothers suffered with shingles, a nasty disease, but important in this family story: Winnie moved to Victoria, Mel moved to Victoria, happily Jo Ann and Mel met, and the CPLBC continues to benefit.

Ruth Suter

VOLUNTEERS NEEDED

If you have any experience with writing grant proposals, we could use your help. The position of fundraising chair on the board is currently vacant and needs to be filled. If interested, please contact Wayne or Lynda.

Members of the Executive put in many hours on club administration. However, additional volunteers are needed in a variety of other roles and are vital to the success of our club. Many of these duties are enjoyable, social activities and only require a minimal amount of time.

When renewing your membership for next year, please take the time to volunteer in one or more of the following areas: House/Kitchen, Gardens, Property, Games, Rentals.

Our Longest Playing Club Member—Nancy Drinkwater

Nancy moved to Victoria in 1980 when husband Ron changed the focus of his career. In the beginning Nancy wasn't happy to leave Kamloops friends but it was great for the club when she joined in 1981. Bowlers Lillian and Ernie Chambers always invited new people moving into their apartment building to try lawn bowling. Nancy was looking for new friends and the result is 36 years of CP membership. In 1980 the club had 90 members and 9 life members. In reminiscing about the early years, Nancy related the following: One Tally Ho driver, while showing the club to tourists, would say with a wave of his arm "In Victoria we have the newly wed and the nearly dead" to which those on the green pointed and yelled back: "and the brain dead". The retort worked as he soon dropped that remark.

Over the years Nancy served the club in various ways; she was vice president for 8 years, treasurer for two years (1981 and 1982), looked after membership, headed up the phone committee, and was draw master for at least 20 years. The latter activity was easy for her as she bowled every day Monday to Friday. Saturdays and Sundays she went boating with her husband on their 45 ft. motor boat the Nan Lea (named for Nancy). Every year they spent 3 weeks around Desolation Sound where the fishing was good and they set crab and prawn traps. Ron never took up bowling but had a lifelong interest in ham radio. He came up with the idea and design for a Marine ham radio flag that eventually was

used around the world to identify other ham radio enthusiasts. A lady sewed and sold the flags at cost. While Ron never made a penny from this, he later registered a copyright so the flag design couldn't be changed.

When Nancy joined in 1981 a rigorous training protocol was in place. A novice first spent three sessions in the clubhouse to practice the essentials of standing on the mat and delivery of the bowl as well as laws and etiquette of the game. Then you were allowed on the green (whites only was enforced) for a series of lessons and practice until you reached the level required to join in the daily draws. It may sound old fashioned but it worked and Nancy quickly became a star bowler who won many club as well as Bowls South Island (BSI) tournaments at other clubs. Nancy says that the trophy she is proudest to have her name on is the BSI Rose Bowl (played yearly at CP) which she has won TWICE and until this summer was the only CP woman to have done so. Lynda is very honoured to have join the ranks of Nancy this year.

Congratulations Nancy on all your accomplishments and we look forward to seeing you on the green this year.

P.S. If you are interested in marine history and restoration of the Nan Lea, I think Ron would give you an internet address.

Ruth Suter

Calendar Upgrade

Check out our new activities calendar on the website.

Features:

- Events are colour-coded by category.
- Click on the coloured event box to show event details.
- Use the single arrows ('<' and '>') on the top left of the calendar to go back and forth one month at a time. The double arrows ('<<' and '>>') take you to the same date last year or next year.

If you know of an event that should be added or changed on the Calendar, please contact [Wayne](#) or [Beth](#).

Your CPLBC Board Members

Past President	Ernie Urdal
President	Lynda Robbins
First Vice President	Patricia Levie
Second Vice President	Lorne Carnes
Secretary	Wayne Carlow
Treasurer	Bill Mills
House Chair	<i>vacant</i>
Activities Chair	Pierre Dunn
Men's Games Chair	Kevin Burns
Women's Games Chair	<i>vacant</i>
Fundraising	<i>vacant</i>
Members at Large	Deanna Germain / Harry Walker



The **2017 Canadian Lawn Bowling Championships** took place August 13th to 19th at Juan de Fuca Lawn Bowling Club. The BC team excelled with a gold in Women's Fours, silver in Women's Triples and CPLBC's **Lynda Robbins and Pat Levie** taking the bronze in Women's Pairs.



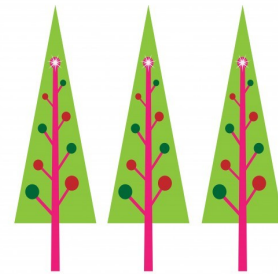
CPLBC's **Chris Percival-Smith** will be representing Canada at the **2018 Croquet World Championships** on February 3-11, 2018 in Wellington, New Zealand.

CONGRATULATIONS

Harry Walker and Margo Jensen were the winners of the CPLBC 2017 Novice Men's and Ladies' championships respectively. Harry then went on to go undefeated through six games to win the city title at the BSI Novice Champ of Champs tournament.



Johanna Carlow and Harry Walker each bowled a perfect end and were awarded a 4 end pin by Bowls Canada.



Christmas Party

December 9, 2017

Cocktails: 5:00 pm

Dinner: 6:00 pm

The cost for this event is \$10 per person.

Please bring either a **vegetable dish, salad or dessert**. Steak or chicken will be BBQed on the patio.

We can only squeeze about 40 folk into the room, so get your reservation to Pat soon (plevie72@gmail.com) with the number of tickets desired, what you might like to bring and your preference for protein.

If you would like to help out, please contact Lorne (lorneccarnes@shaw.ca).

Hope to see you there!

Our neighbour, The Church of Our Lord, is home to a special place called the Sanctuary. This is a drop-in centre that provides a place for teens-at-risk to go to in order to keep them off the street. The Sanctuary offers a safe place, food, clothing, community and hope.

They are currently in need of the following items: warm socks, tooth brushes, deodorant, razor blades and small size shaving cream. Please bring one of the above items to the Christmas party to donate to those less fortunate than yourselves. Donations can also be dropped off at the church and placed in the basket under the table outside the Church Library. Festive items like chocolate and food items would also be appreciated.



www.sanctuaryyouth.org